

CELEBRATION OF WORLD PHARMACIST DAY

On the occasion of **World Pharmacist Day i.e on 25 Sept 2020**, JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade organized a Online National level Poster Presentation Competition "**PHARMAZEST**".

Topic was "Role of Pharmacist in maintaining Global Health"

A National Level Virtual Poster presentation event Created awareness and emphasized role of pharmacist in this Pandemic COVID 19 situation. As it was a National level competition we received hundreds of response from various States like Rajasthan, Karnataka, etc and various cities like Nasik, Aurangabad, Kolhapur, Ahmedabad, Hyderabad, Udaipur, Punjab, Pune, etc was overwhelming. All the participants had taken noteworthy efforts which were really appreciable. The competition was announced on 21st Sept 2020 and the results were out on 25th Sept 2020 at Live on their Instagram page RSCOPR. The convener of the program was Dr. K.R. Khandelwal Sir, (Principal of RSCOPR) and was co-ordinated and executed by Prof. Trupti Deshpande (Cultural and Extension activity Head at RSCOPR) along with the students of RSCOPR. The Winners were awarded with cash prizes. It was a successful virtual event organized by the team of RSCOPR.

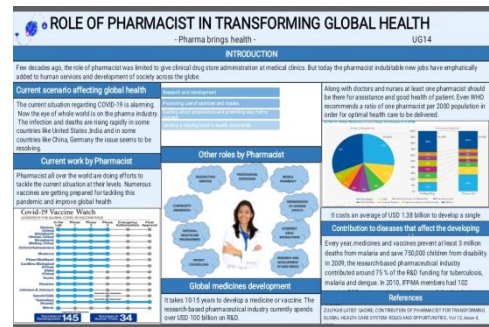




Rank 1

Siddhi. Kumbhar.

PES modern College of
Pharmacy, Moshi.



Rank 1

Shreya. Koche.

Dr.D.Y Patil college of
Pharmacy,Akurdi.



Rank 2

Pratiksha. Mane.

JSPM's RSCOPR,
Tathawade.



Rank 3

Krishna. Patil.

SNJB's SSDJ College
of Pharmacy,Chandwad



Rank 3

Supriya. Shinde.

Dr. D.Y Patil College of Pharmacy, Akurdi.



WEBINAR REPORT

Mindfulness to success

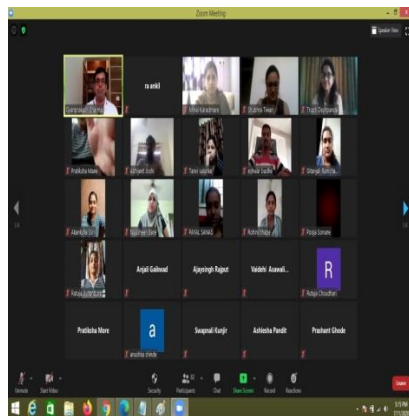
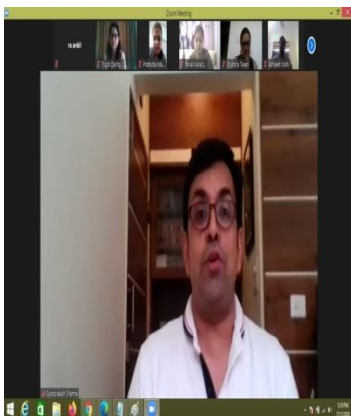
JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade, Pune was organized free webinar on **Mindfulness to success** dated **July 11, 2020 at 5:00 PM** India. Coordinator of program was Prof. Trupti Deshpande (Pharmacology Department of JSPM's RSCOPR) and Convener Dr. K.R Khandelwal. (Principal JSPM's RSCOPR)

A speaker was **Gyanprakash Sharma** an IT with total experience of 18+ years. He has been involved with Art of Living as a volunteer for more than 5 years now.

Art of Living is a volunteer based, humanitarian and educational non-government organisation. It was founded in 1981 by Sri Sri Ravi Shankar. Head quartered in Bangalore and It has centres across 156 countries. It works many areas of Social Service like River Rejuvenation, Education for all, disaster and trauma relief, conflict resolution, empowerment of women, prisoner rehabilitation, drug and alcohol de-addiction, child labour and for environment sustainability. Keeping this in mind JSPM RSCOPR organized this webinar to help participants to manage their mental as well as physical health during this pandemic situation of COVID19.

Number of registrations for webinar was near to 250. Platform used to conduct the session was ZOOM. Students and Interested faculties attended the webinar. It was followed by question and session. Vote of thanks proposed by Prof. Trupti Deshpande (Faculty of Pharmacology department RSCOPR).

Webinar conducted successfully.



WEBINAR REPORT

PCOS Awareness Program

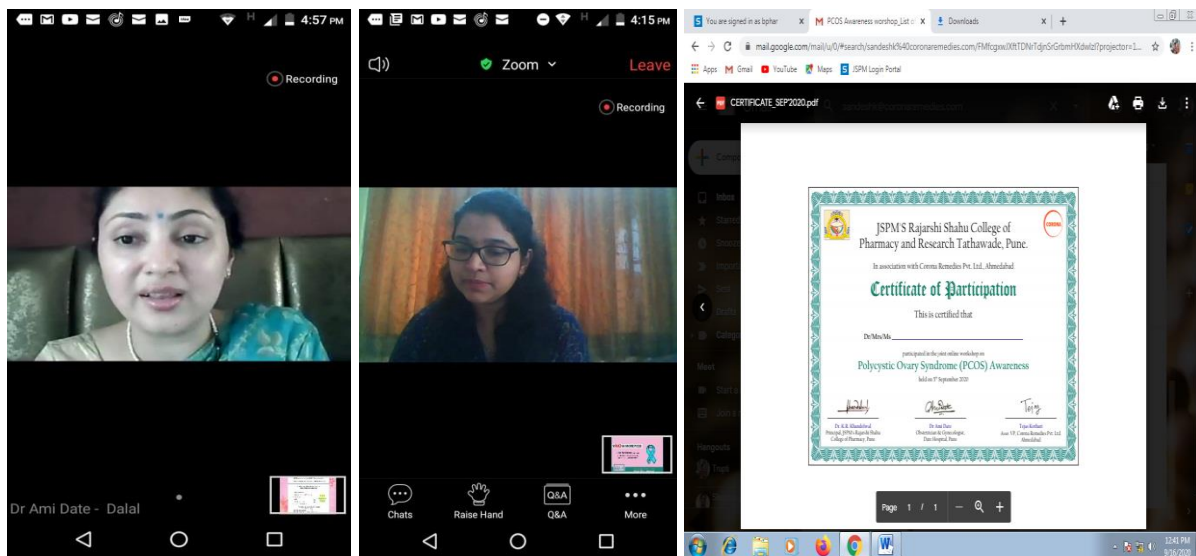
JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade, Pune was organized free webinar in association with **Corona Remedies** on **5th Sep, 2020 at 5:00 PM** India. Coordinator of program was Prof. Trupti Deshpande (Pharmacology Department of JSPM's RSCOPR) and Convener Dr. K.R Khandelwal. (Principal JSPM's RSCOPR)

On occasion of Teachers day we have organised online PCOS workshop on zoom. PCOS is a polycystic ovarian syndrome occurs in every 3rd or 4th college going girl having irregular periods, weight gain, Acne, and facial/ body hairs. Hence, to enhance education about PCOS for the future health benefits, we at JSPM'S Rajarshi Shahu College of Pharmacy and Research Tathawade, Pune in collaboration with Corona Remedies Pvt. Ltd. Ahmedabad have taken initiative to organize this PCOS workshop or awareness program. We have got near to 200 registrations for the program. Doctor has covered PCOS etiology, diet plan, precautions in detail.

Corona Remedies is a fastest growing and Top 10 Gynecological Pharmaceutical Company in India dedicated for women healthcare with innovative products and committed to provide better healthcare services to improve women's quality of life.

Speaker: Dr Ami Date, a renowned Gynecologist, Obstetrician and infertility specialist and Director of Date Hospital, Parvati, Pune. Session was followed by question and answer session. Participants were provided with certificate of attendance.

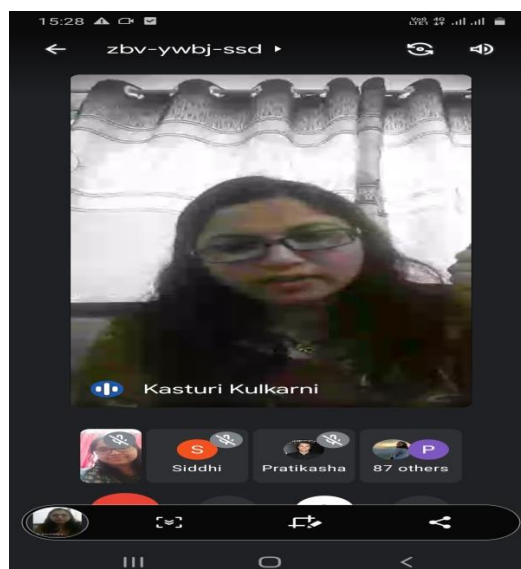
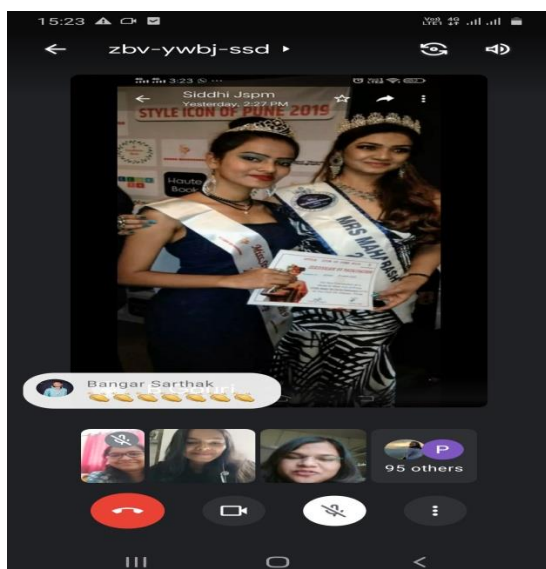
Webinar conducted successfully.



Women's Day

2020-21

Women's day was organized by our students of B. Pharm on Monday, 08/03/2021. Programme started at 3.00 PM. Virtual program organized by students on Google Meet platform. Virtual Inauguration with the lamp lightening ceremony by Principal sir. Gauree was anchor for the program. Sidhhi Dhanwade from T.Y shared her experience related to her achievements in pageants competitions. Spontaneous speech given by a S.Y and T.Y. students on women empowerment followed by poem recitation by many students. Special guest was Kasturi Joshi (Teacher, Actor, Narrator, Poet) expressed her views on current situation of women in society. Program was successfully ended with Vande Mataram



ALL INDIA ESSAY WRITING EVENT 2016

Organized by:

**SHRI RAM CHANDRA MISSION in collaboration with UNITED NATIONS INFORMATION CENTRE
FOR INDIA AND BHUTAN and HEARTFULNESS INSTITUTE**

TOPICS:

The whole purpose of education is to turn mirrors into windows (Sydney J. Harris)

Language option: English, Hindi, Marathi

Participants:

- 1) **Kajal Kabra: English**
- 2) **Kalpana Kamnoore: Marathi**

Kajal Kabra (T.Y. Student) got second prize at zonal level she is awarded with certificate and medal. All prizewinners certificates signed by the director of the UNIC and president of SRCM. Faculty coordinator was Prof. Trupti Deshpande also awarded with certificate and institute has been received certificate of appreciation for outstanding contribution to the success of this event.



NSS Activity of JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade, Pune : Swachh Wari

As a part of being a responsible citizen, **NSS Unit of JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade** participated in 'Swachh Wari' organized by Savitribai Phule Pune University (SPPU) on Tuesday, 30th June 2020.

NSS Volunteers actively involved in this Swachh Wari by providing basic information related to Covid-19. Volunteers provide useful information about symptoms, precautions to be taken, importance of social distancing to the peoples in their residing areas. NSS volunteers also given the demo regarding sanitization, Hand washing techniques to the nearby people by maintaining social distancing. NSS volunteers actively participated in this activity.





NSS Activity of JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade, Pune : Harit Wari

NSS Unit of JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade participated in 'Harit Wari' organized by Savitribai Phule Pune University (SPPU) on Friday, 3rd July 2020.

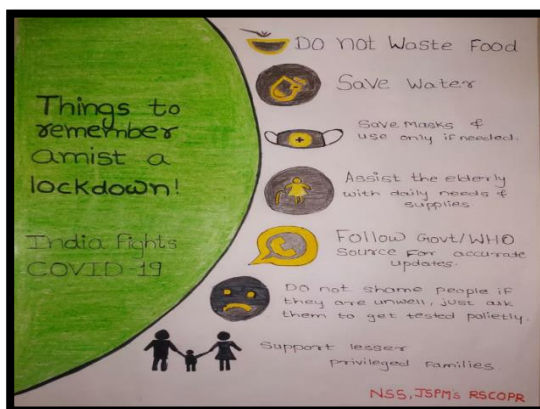
Planting trees and taking care of them is not less than any social work, this initiative is a great movement indeed. NSS Volunteers actively involved in this Harit Wari by planting trees in their area. NSS volunteers made the people aware about importance of Tree plantation and its conservation. Staff members also actively participated in Tree plantation activity. Prof. Minal Solanki and Prof. Ujjwala Kandekar have done Tree plantation of Mango plant, Curry leaves plant, Tulsi plant in their areas. NSS volunteers actively involved in Harit Wari Abhiyan by maintaining rules of social distancing.



NSS Activity of JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade, Pune : Nirmal Wari

NSS Unit of JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade participated in 'Nirmal Wari' organized by Savitribai Phule Pune University (SPPU) on Thursday, 2nd July 2020.

NSS Volunteers actively involved in Nirmal Wari. NSS volunteers made the posters related to Nirmal wari to keep area neat and clean. NSS volunteers spread the cleanliness awareness among the nearby people. Volunteers create awareness regarding Mobile Toilets usage and made the people aware to protect health of all from communicable diseases including Corona by making posters on 'Do not spit'. NSS volunteers actively participated in this activity.



‘My Family, My Responsibility’ Campaign organized by NSS Unit

NSS Unit of JSPM’s Rajarshi Shahu College of Pharmacy and Research, Tathawade actively participated in ‘My Family, My Responsibility’ Campaign during the period 15th September to 25th October 2020.

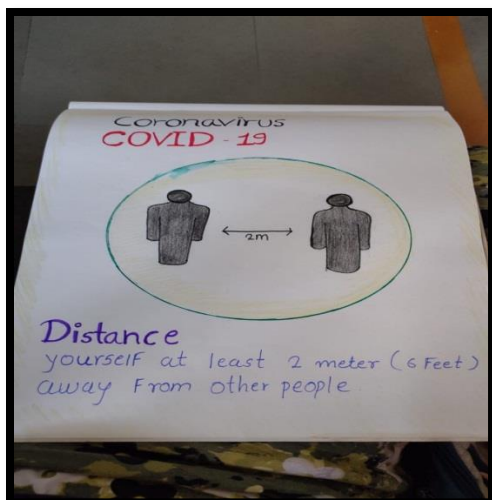
NSS Volunteers have done the survey of nearby families by maintaining the rules of Social distancing. The volunteers collected data of families regarding COVID-19. NSS volunteers played important role in providing useful information regarding safe use of masks, importance of social distancing, washing hand and sanitization. Volunteers collected information about the help assisted by Govt. Authorities during this pandemic situation.

The guidelines regarding Family Survey were given by NSS Coordinator Mr. A. N. Tankar to the NSS Volunteers.

Glimpses of ‘My Family, My Responsibility’ Camp organized by NSS Unit



NSS Volunteers checking pulse Oxygen and other parameters of persons



Active participation of NSS Volunteers in Family Survey



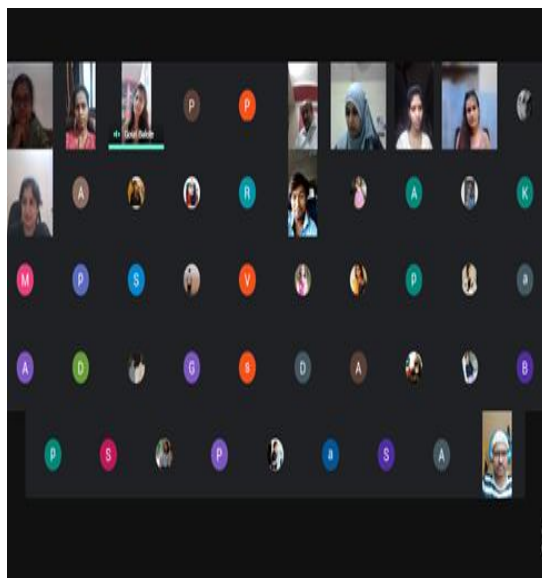
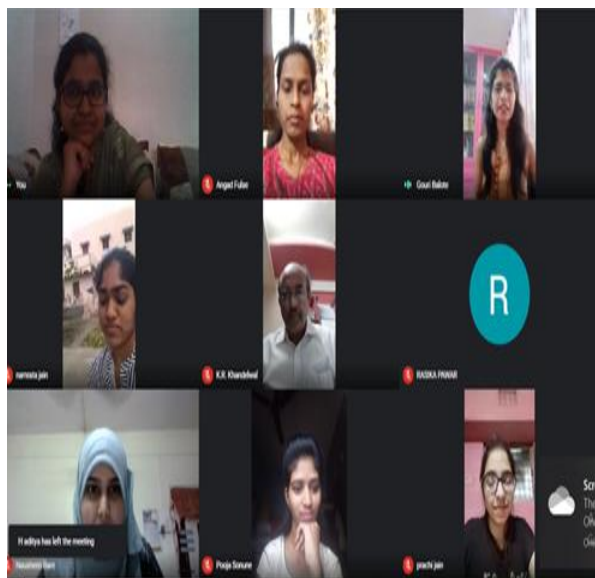
Marathi Language Promotional Week 2021

JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade, Pune was organized Online Elocution competition under **Marathi Language Promotional Week 2021** on **Jan 22, 2021 at 2:00 PM**. Coordinator of program was Prof. Trupti Deshpande (Pharmacology Department of JSPM's RSCOPR) and Convener Dr. K.R Khandelwal. (Principal JSPM's RSCOPR) Topic for Elocution Competition was “Labhale Amhas Bhagya Bolto Marathi”.

Two students from each class participated in the competition. Students focused on importance of education in their mother tongue. Many students focused on literature available in Marathi Language like Manache Shlok, Dnyaneshwari etc. Some explained about Marathi saints and their contribution too.

Meeting was organized on Zoom about 10 students participated in the competition. Winner was **Shreyas Mahajan** from T.y. B.pharm and **Pooja Sonune** from Final Year B.Pharm.

Programme conducted successfully.



E-PLEDGE

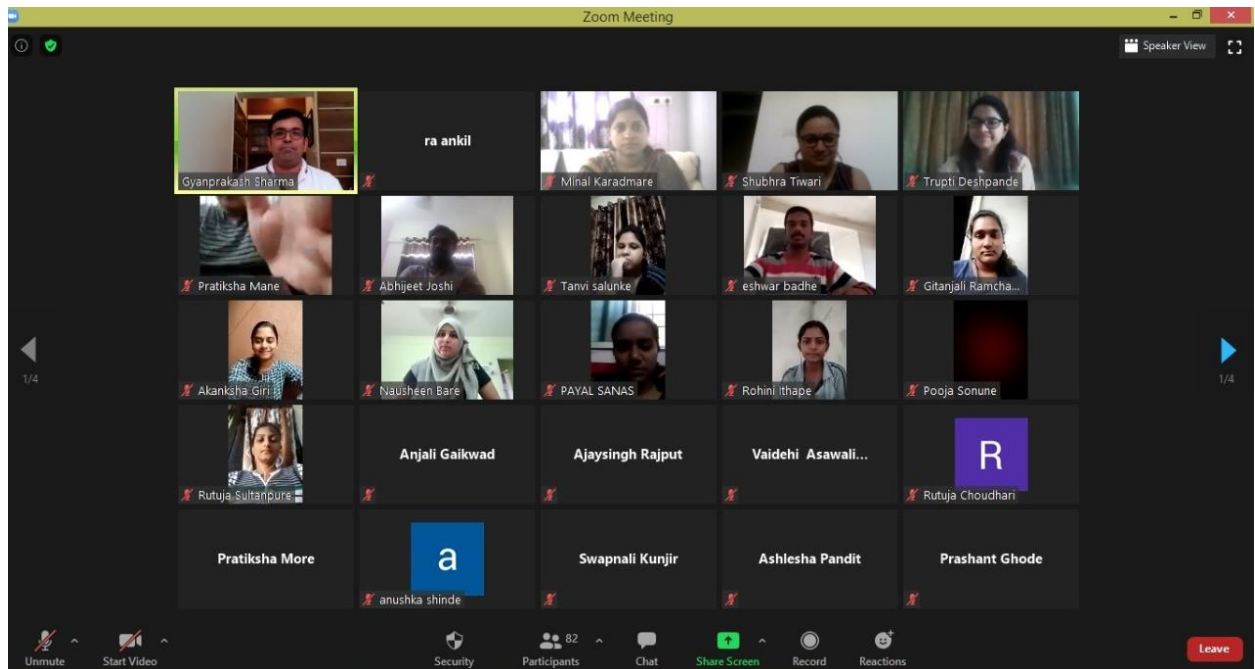
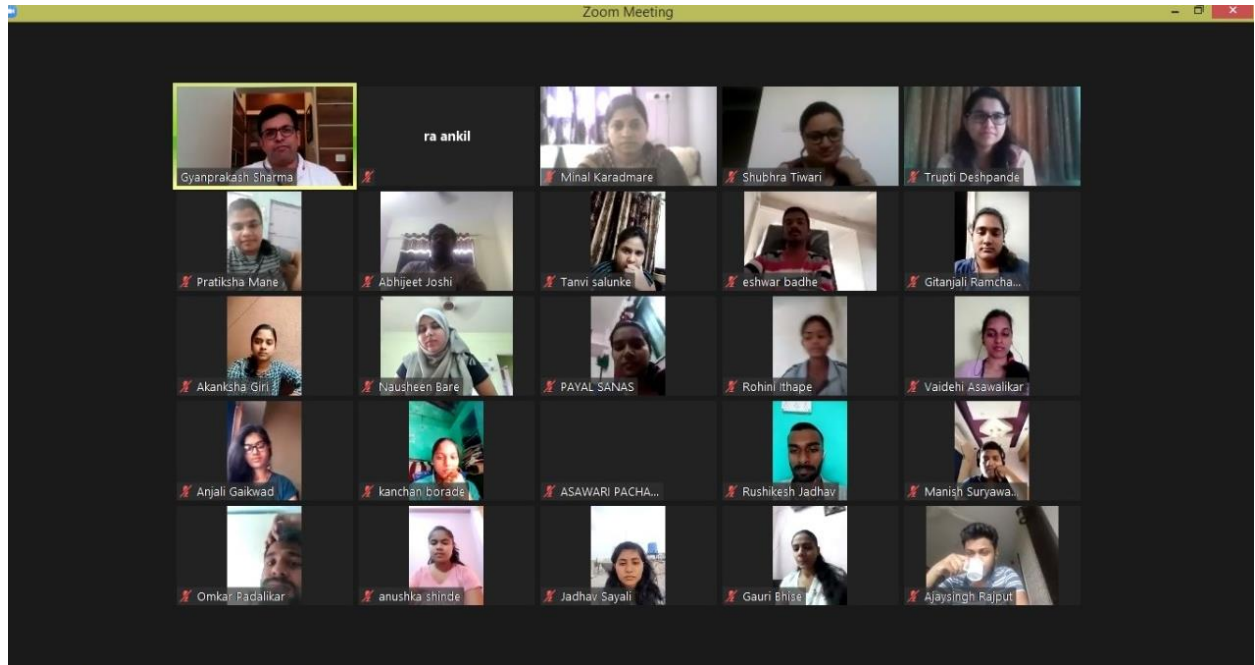
JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade, Pune was organized a function for taking epledge under **Majhi vasundhara Abhiyan 2021**. Webinar on **Jan 13, 2020 at 2:00 PM** India. Coordinator of program was Prof. Trupti Deshpande (Pharmacology Department of JSPM's RSCOPR) and Convener Dr. K.R Khandelwal. (Principal JSPM's RSCOPR)

Epledge for Group

- We will formulate and implement our institute's "Don't print every email/ document" policy and print all documents double-sided if only required
- We will install solar panels on our building rooftop as an alternate source of energy.
- We will consciously optimize water usage in our premises and encourage our employees to practice the waster saving habits • Monitor water usage monthly • Install fixtures/water closets/lavatories that reduce water per flush in the common toilets • We will identify all water leakage problems from time to time to reduce water wastage • We will get a workplace water audit to identify where to make the most waster saving gains.
- We will install a rainwater harvesting system in our office/institution building.
- We will never waste food in the canteen/mess and encourage our employees to practice the same.
- We will Install and maintain a set of dustbins for wet waste and dry waste in our premises and Provide containers at convenient locations to segregate and recycle cardboard, newspapers, office/mixed papers, glass, metal, and plastics. Majhi Vasundhara Pledge We pledge,
- We will make our premises single use plastic free. Plastic cups/plastic bottles/plastic straws/ plastic cutlery etc. in our office/institution and opt for eco-friendly alternatives ceramic cups/glass or steel bottles/steel cutleries etc. • Switch to reusable coffee cups instead of Styrofoam/ paper/plastic cups by the coffee machines. • Encourage employees to use travel beverage mugs/ flasks instead of Styrofoam/ paper/plastic cups. • We will eliminate the use of individual plastic water bottles during meetings and conferences and replace them with glass bottles.
- We will consciously optimize our electricity consumption by introducing energy saving measures in our office/institution and we will also encourage our employees to practice energy saving habits. • Switch to energy-efficient lighting • We will turn off lights when not needed such as lunch hours • We will install motion-sensitive lighting options; use energy-efficient air cooling instead of heavy-duty airconditioning in the summer • We will maintain the air conditioner at 24 °c.; • We will post reminder signs to turn off lights at the end of the day or when leaving an office; • We will encourage employees to take stairs instead of lifts/escalators • We will get a workplace energy audit to identify where to make the most energy-saving gains.
- We will opt for green gifting options. • Give plant-saplings with a pot as a gift/souvenir instead of presenting flower bouquets and encourage employees to grow plants; • We will never use plastic wrapping papers • We will opt for gifts with minimum packaging ; • We will avoid sending mass-produced plastic-coated greeting cards/ other invites rather I will send plantable stationery (such as seed cards)

Number of participants for epledge was near to 300. Platform used to conduct the session was ZOOM. Students and Interested faculties attended the function.





CELEBRATION OF WORLD PHARMACIST DAY

On the occasion of **World Pharmacist Day i.e on 25 Sept 2020**, JSPM's Rajarshi Shahu College of Pharmacy and Research, Tathawade organized a Online National level Poster Presentation Competition "**PHARMAZEST**".

Topic was "Role of Pharmacist in maintaining Global Health"

A National Level Virtual Poster presentation event Created awareness and emphasized role of pharmacist in this Pandemic COVID 19 situation. As it was a National level competition we received hundreds of response from various States like Rajasthan, Karnataka, etc and various cities like Nasik, Aurangabad, Kolhapur, Ahmedabad, Hyderabad, Udaipur, Punjab, Pune, etc was overwhelming. All the participants had taken noteworthy efforts which were really appreciable. The competition was announced on 21st Sept 2020 and the results were out on 25th Sept 2020 at Live on their Instagram page RSCOPR. The convener of the program was Dr. K.R. Khandelwal Sir, (Principal of RSCOPR) and was co-ordinated and executed by Prof. Trupti Deshpande (Cultural and Extension activity Head at RSCOPR) along with the students of RSCOPR. The Winners were awarded with cash prizes. It was a successful virtual event organized by the team of RSCOPR.





Rank 1

Siddhi. Kumbhar.

PES modern College of
Pharmacy, Moshi.



Rank 1

Shreya. Koche.

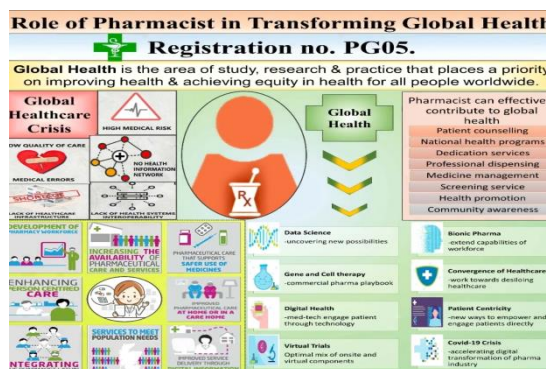
Dr.D.Y Patil college of
Pharmacy,Akurdi.



Rank 2

Pratiksha. Mane.

JSPM's RSCOPR,
Tathawade.



Rank 3

Krishna. Patil.

SNJB's SSDJ College
of Pharmacy,Chandwad



Rank 3

Supriya. Shinde.

Dr. D.Y Patil College of Pharmacy, Akurdi.





MAJHI VASUNDHARA {MY EARTH}
Environment & Climate Change Department
Government of Maharashtra



CERTIFIED
MAJHI VASUNDHARA MITRA
NAME

JSPM RSCOPR

ORGANIZATION / GROUP: JSPM'S RAJARSHI
SHAHU COLLEGE OF PHARMACY AND
RESEARCH

MEMBERS OF THE GROUP: 300

DATE: 13/01/2021

Shri. Aaditya Thackeray
Minister

Tourism, Protocol & Environment and Climate Change Department
Government of Maharashtra.